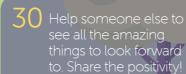
Action September



Character Calendar September 2021

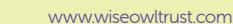
Empathy Positivity Resilience **Self-awareness** Communication Excellence **Teamwork MONDAY TUESDAY** WEDNESDAY **THURSDAY** FRIDAY **SATURDAY SUNDAY** going to excel at new class. Think about when you Check up on a friend or Go outside and get Support your family Fresh start for us all this have made a mistake family member that you some fresh air. Look at around the house play a game outside, week as we start our and the lessons that you haven't spoken to for a nature and record what showing good Excellent teamwork! you can see. good to talk! you don't always have Write down all the 4 Show empathy and compassion for your family and friends if they grateful for today? Take your family to help do a positive looking forward to be a good friend. made them feel. BE a moment to think of all achievement? Pat chore e.g. washing up. the things that you KIND. may be anxious about should be happy about. academic year their new year ahead. skill to help and support others? **Show amazing** 20 Make your actions Send a note to Find something to look 22 Relax. Breathe extra teamwork skills with today be amazing. someone you care forward to over the next deep, let go, and live your family and friends by helping and and clear your mind. to them. supporting them when 28 Offer to talk to Choose a really hard 29 Good morning, wake 30 Help someone else to someone and share book and read it to up and be awesome! see all the amazing

yourself, a family member or a friend. things to look forward to. Share the positivity!

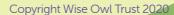








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